autism west midlands

5 Using Visual Resources Intimacy Circles

Intimacy Circles

- Can be used to help teach social rules and to form positive relationships.
- Can be used to help individuals understand how to modify their behaviour depending on the person and context for example you can hug people in the blue and green circle, but you should not hug anyone outside of that.
- Can help to teach individuals social boundaries and how to be safe in the community for example you can use it to teach who you can talk to and who not to talk to.
- Can be used in a variety of different ways such as teaching how close you can stand next to somebody, who you are allowed to touch and who can touch you, and who you can give personal information to (name and address etc.).

Example

